

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | | FRIDAY |
|--|--|---------------|--|--|--|---|
| PAUSE TIME | 08.45 – 08.50 am | | | | | PAUSE TIME 08.45 – 08.50 am |
| P1 | 08.50 – 09.45 | 08.50 – 09.45 | 08.50 – 09.45 | 08.50 – 09.45 | | P1 08.50 – 09.45 |
| P2 (includes rolling break) | 09.45 – 11.00 | 09.45 – 11.00 | 09.45 – 11.00 | 09.45 – 11.00 | | P2 09.45 – 11.00 (includes rolling break) |
| P3 | 11.00 – 12.00 | 11.00 – 12.00 | 11.00 – 12.00 | 11.00 – 12.00 | | P3 11.00 – 12.00 |
| P4a Lunch – Yrs 8, 10, 12 & 13 Guidance - Yrs 7, 9 & 11 | 12.00 – 12-30 | 12.00 – 12-30 | 12.00 – 12-30 | 12.00 – 12-30 | | P4 12.00 – 13.00 |
| P4b Lunch – Yrs 7, 9 & 11 Guidance - Yrs 8, 10, 12 & 13 | 12.30 – 13.00 | 12.30 – 13.00 | 12.30 – 13.00 | 12.30 – 13.00 | | 13.00-15.00 Lunch/Extended School Activities/End of School Day |
| P5 | 13.00 – 14.00 | 13.00 – 14.00 | 13.00 – 14.00 | 13.00 – 14.00 | | P5 CSLA/HSLA students voluntary hours in primary schools |
| P6 | 14.00 – 15.00 | 14.00 – 15.00 | 14.00 – 15.00 | 14.00 – 15.00 | | |
| End of School Day | | | | | | |
| P7 (Post 16 students only) | 15.00 - 16.00 (Post 16 students only) | CPD | 15.00 - 16.00 (Post 16 students only) | 15.00 - 16.00 (Post 16 students only) | | |